

Generating A Shopping List

Okay, so once you've got everything added to your meal plan, all you're going to do to generate your shopping list is come over here on the right side, to the little shopping cart icon. It says shopping list. And you're going to click that and it will generate a shopping list for you based on everything that you have in your meal plan. This is the list here, and you can... let's say you already have flaxseed at home. You can click that and it'll take it off... it'll mark it off the list for you. Underneath that is the collection that your shopping list is based on. So this can come in handy when you have multiple recipe collections, or meal plans rather, so you know what you're shopping for. And in the next video, I'll show you how to edit this list.