

Change Recipe Yield/Servings

Okay, so when it comes to adjusting your servings, it all depends on how many people you're going to be serving. So just because these recipes automatically show the servings that I have entered in the recipe itself, doesn't mean you can't adjust for how many people you're feeding. So let's say these overnight oats... I think the default setting is one serving. But if you're feeding three people and it comes up with five servings on any recipe just hit the minus to get down to three servings, or if you're serving six people, you can click the plus button to go up to six. And what this is gonna do is, if you do this before you generate a shopping list, this will automatically adjust how much you need to buy, on the shopping list that you generate.